

The Gap Centre Records Season end 2022/2023						
New record 22/23						
QBP						
Boys U7	Home		Record	Location	Year	
70m Sprint	12.30	11/12	12.50	Arana	18/19	
100m Sprint	17.70	11/12	17.90	Redcliffe	13/14	
200m Sprint	38.90	13/14	38.30	Aspley	13/14	
Obstacle Course	28.00	18/19				
300m run	1.06.70	20/21				
60 micro hurdle	10.80	17/18				
Long Jump	3.15	18/19	3.04	Aspley	13/14	
Shot Put 1kg	6.65	11/12	6.56	Redcliffe	11/12	
Discus 350g	17.02	17/18	15.44	Arana	11/12	
Vortex (mini)	22.25	20/21				
Tetra	235.00	20/21				
Boys U8	Home		Record	Location	Year	
70m Sprint	11.60	11/12 12/13	11.40	S'Pine	16/17	
100m Sprint	16.20	15/16	16.60	Redcliffe	12/13	
200m Sprint	35.30	12/13	35.30	Redcliffe	12/13	
Obstacle Course	26.30	16/17				
300m Walk	1.55.08	13/14				
300m run	59.30	22/23				
700m Run	2.48.00	22/23				
60m Hurdles 45cm	12.10	11/12 13/14	12.60	Arana Aspley	09/10 19/20	
Long Jump	3.78	12/13	3.27	SAF	12/13	
Shot Put 1.5kg	6.46	12/13	6.60	SAF	12/13	
Discus 500g	18.42	12/13	19.92	SAF	12/13	
Turbo Jav	13.00	22/23				
Tetra	422.00	20/21				
Boys U9	Home		Record	Location	Year	
70m Sprint	10.70	16/17	10.87	QSAC	14/15	
100m Sprint	15.40	16/17	15.19	QEII	16/17	
200m Sprint	32.10	16/17	32.83	SAF	17/18	
400m Run	1.16.40	13/14	1.16.71	Arana	18/19	
800m Run	2:43.00	13/14	2:44.60	QSAC	07/08	
1500m Run	5.49.00	13/14				
700m Walk	4:18.30	13/14	5.16.82	QEII	17/18	
60m Hurdles 45cm	11.10	12/13 13/14	10.67	QSAC	12/13	
High Jump	1.16	18/19	1.13	Aspley SAF	13/14 18/19	
Long Jump	3.83	08/09	3.63	S'Pine	16/17	
Shot Put 2kg	7.59	13/14	7.36	Aspley	13/14	
Discus 500g	28.95	13/14	29.78	SAF	13/14	
Turbo Jav	17.91	16/17				
Pentathlon	631	16/17	887	SAF	13/14	
Tetrathlon			767	SAF	18/19	
Boys U10	Home		Record	Location	Year	
70m Sprint	10.00	17/18	9.90	Aspley	19/20	
100m Sprint	14.50	17/18	13.90	Aspley	19/20	
200m Sprint	31.50	17/18	28.64	QEII	17/18	
400m Run	1.12.0	17/18	1.11.93	QSAC	15/16	
800m Run	2.44.00	14/15 16/17	2:36.35	QSAC	14/15	
1500m Run	5.35.10	14/15				
1100m Walk	7:37.00	10/11	8.04.26	SAF	21/22	
60m Hurdles 60cm	11.00	13/14 17/18	10.48	QEII	17/18	
High Jump	1.23	13/14	1.27	Aspley	14/15	
Long Jump	4.25	17/18	4.14	SAF	17/18	
Shot Put 2kg	9.19	17/18	9.95	QEII	17/18	
Discus 500g	32.61	14/15	34.32	Aspley	14/15	
Turbo Jav	21.55	17/18				
Pentathlon	973	17/18	1161	SAF	17/18	
Tetrathlon			690	SAF	20/21	

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Boys U11	Home		Record	Location	Year
100m Sprint	13.70	14/15	13.55	QSAC	14/15
200m Sprint	30.00	16/17	27.99	QSAC	14/15
400m Run	1.09.80	14/15	1.06.29	QEII	16/17
800m Run	2.37.00	15/16	2:28.62	Cairns	13/14
1500m Run	5:10.10	12/13	4:55.53	QSAC	12/13
1100 Walk	7.14.76	15/16	6.50.40	QSAC	15/16
60m Hurdles 60cm	11.20	09/10	10.30	QSAC	14/15
80m Hurdles 60cm	15.90	19/20	15.20	Bkn Rge	21/22
High Jump	1.37	16/17	1.37	City North	15/16
Long Jump	4.48	15/16	4.43	Arana	11/12
Triple Jump	9.09	14/15	9.10	Aspley	14/15
Shot Put 2kg	11.39	19/20	10.57	Redcliffe	12/13
Discus 750g	27.13	15/16	28.82	City North	15/16
Discus 500g	30.09	19/20	29.51	QSAC	21/22
Javelin 400g	25.20	19/20	26.69	Aspley	19/20
Pentathlon	902	20/21	1312	QEII	15/16
Tetrathlon			752	SAF	20/21
Boys U12	Home		Record	Location	Year
100m Sprint	13.40	18/19	13.40	QSAC	10/11
200m Sprint	28.00	18/19	26.94	QSAC	15/16
400m Run	1.07.80	18/19	1:02.88	QSAC	12/13
800m Run	2.27.00	20/21	2.21.65	TVL	22/23
1500m Run	5:09.00	12/13	4:46.41	QSAC	12/13
1500m Walk	9.21.80	16/17	11.22.70	Arana	18/19
60m Hurdles 68cm	10.20	18/19	9.78	TVL	18/19
80m Hurdles 68cm	14.60	22/23	14.21	TVL	22/23
High Jump	1.45	15/16	1.60	QSAC	15/16
Long Jump	4.81	12/13	5.27	QSAC	15/16
Triple Jump	9.27	15/16	10.01	QSAC	15/16
Shot Put 3kg	8.38	08/09	7.92	QSAC	15/16
Shot Put 2kg	12.25	20/21	11.72	TVL	18/19
Discus 750g	37.02	16/17	33.25	TVL	18/19
Javelin 400g	31.06	18/19	32.47	TVL	18/19
Pentathlon	1469	18/19	1559	SAF	18/19
Boys U13	Home		Record	Location	Year
100m Sprint	12.70	11/12	12.57	QSAC	11/12
200m Sprint	26.90	11/12	27.14	QSAC	12/13
400m Run	1.04.90	12/13	1:02.10	QSAC	08/09
800m Run	2.23.10	14/15	2:13.64	QSAC	14/15
1500m Run	4:56.08	13/14	4:44.70	SAF	14/15
1500m Walk	9.39.50	19/20			
80m Hurdles 76cm	13.70	19/20	13.30	Aspley	19/20
200m Hurdles 68cm	29.30	19/20	29.31	QSAC	19/20
High Jump	1.59	16/17	1.65	QEII	16/17
Long Jump	5.11	13/14	5.24	Cairns	13/14
Triple Jump	10.68	16/17	10.95	QEII	16/17
Shot Put 3kg	11.02	12/13	12.31	Aspley	19/20
Discus 1kg	28.75	17/18	28.88	SAF	17/18
Discus 750g	36.05	19/20	36.49	Aspley	19/20
Javelin 600g	30.25	19/20	30.57	QEII	16/17
Pentathlon	1301	16/17			
Track Trrathlon			639	QSAC	19/20
Jumps Triathlon					
Throws Triathlon			1050	QSAC	19/20
Boys U14	Home		Record	Location	Year
100m Sprint	12.80	17/18	13.49	SAF	09/10
200m Sprint	26.80	09/10	26.69	QSAC	15/16
400m Run	1:00.50	09/10	1:00.71	SAF	09/10
800m Run	2.17.10	21/22	2.11.74	QSAC	21/22
1500m Run	4.44.16	21/22	4.42.29	TVL	22/23
1500m Walk	10.06.90	19/20			
90m Hurdles 76cm	14.10	20/21	13.39	QSAC	20/21
200m Hurdles 76cm	27.70	20/21	28.35	QSAC	20/21
High Jump	1.63	17/18	1.84	QEII	17/18
Long Jump	5.38	20/21	5.26	SAF	17/18
Triple Jump	11.62	17/18	11.63	QEII	17/18
Shot Put 3kg	12.31	20/21	13.44	QSAC	20/21
Discus 1kg	37.98	20/21	37.70	QSAC	20/21
Javelin 600g	35.48	11/12	38.58	Redcliffe	17/18
Pentathlon	1559	20/21	1672	QSAC	17/18
Jumps Triathlon			772	SAF	22/23
Sprint Triathlon			755	SAF	22/23
Throws Triathlon			1084	SAF	22/23

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Boys U15	Home		Record	Location	Year
100m Sprint	12.30	14/15	12.51	Bundaberg	21/22
200m Sprint	26.00	10/11	26.10	QSAC	14/15 21/22
400m Run	59.30	10/11	57.52	QSAC	20/21
800m Run	2.29.60	10/11	2.12.94	QSAC	15/16
1500m Walk			10.13.40	SAF	21/22
1500m	5.31.60	13/14	4.29.31	QSAC	15/16
100 m Hurdles 76cm	15.50	18/19	14.46	QSAC	21/22
300m Hurdles 76cm	44.90	21/22	43.84	QSAC	21/22
High Jump	1.82	18/19	1.96	TVL	18/19
Long Jump	5.95	18/19	5.82	TVL	18/19
Triple Jump	12.38	18/19	12.80	TVL	18/19
Shot Put 4kg	13.17	11/12	13.00	QSAC	11/12
Discus 1kg	42.00	18/19	38.91	Bkn Rge	21/22
Javelin 700g	37.74	18/19	45.84	TVL	18/19
Pentathlon	1300	20/21	2206	QSAC	10/11
Jumps Triathlon					
Throws Triathlon					
Heptathlon			4292	SAF	18/19
Boys U16	Home		Record	Location	Year
100m Sprint	12.20	15/16	12.80	Arana	18/19
200m Sprint	25.50	13/14	26.15	QEII	17/18
400m Run	1.00.20	11/12			
800m Run	2.30.80	16/17			
1500 m Run	5.34.10	16/17	4.22.83	QEII	16/17
1500m Walk	10.12.90	16/17			
100 m Hurdles 76cm	15.40	19/20			
300m Hurdles 76cm					
High Jump	1.86	19/20	1.91	QSAC	19/20
Long Jump	6.03	19/20	6.28	QSAC	19/20
Triple Jump	12.22	19/20	12.86	QSAC	19/20
Shot Put 4kg	14.04	12/13	14.81	QSAC	12/13
Discus 1kg	44.71	19/20	43.47	QSAC	12/13
Javelin 700g	41.53	19/20	42.91	Aspley	19/20
Jumps Triathlon			1798	QSAC	19/20
Throws Triathlon			1874	QSAC	19/20
Pentathlon	1576.00	20/21			
Heptathlon					
Boys 17	Home		Record	Location	Year
100m Sprint	11.90	16/17	11.71	Redcliffe	22/23
200m Sprint	25.10	22/23	26.19	S Pine	22/23
400m Run	57.00	17/18	55.38	S Pine	22/23
800m Run	2.27.80	22/23	2.25.57	QSAC	22/23
1500 m Run	5.16.90	20/21			
1500m Walk	10.16.60	22/23			
110 m Hurdles 76cm	15.30	22/23	15.62	TVL	22/23
300m Hurdles 76cm					
High Jump	1.80	19/20	2.00	QSAC	20/21
Long Jump	6.16	22/23	6.58	TVL	22/23
Triple Jump	12.73	20/21	13.05	TVL	22/23
Shot Put 5kg	13.90	20/21	13.75	City Nth	20/21
Discus 1.5kg	39.14	20/21	37.61	City Nth	20/21
Javelin 700g	44.50	21/22	48.31	TVL	22/23
Jumps Triathlon			1822.00	SAF	20/21
Throws Triathlon			1741	SAF	20/21
Pentathlon	1826.00	21/22			
Heptathlon			4246	SAF	22/23

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Girls U7	Home		Record	Location	Year
70m Sprint	12.80	14/15	13.00	Aspley	14/15
100m Sprint	18.20	04/05	18.40	Aspley	14/15
200m Sprint	40.60	15/15	41.00	QEII	11/12
Obstacle Course	35.40	18/19			
300m	1.17.10	20/21			
60 micro hurdle	12.00	20/21			
Long Jump	2.82	17/18	2.68	Arana	18/19
Shot Put	4.50	04/05	4.42	QSAC	15/16
Discus 350g	12.38	21/22	8.95	City Nth	14/15
Vortex	11.29	20/21			
Tetrathlon	168.00	20/21			
Girls U8	Home		Record	Location	Year
70m Sprint	12.10	12/13	12.24	City Nth	15/16
100m Sprint	17.00	04/05 16/17	17.58	City Nth	15/16
200m Sprint	36.40	15/16	35.28	QEII	10/11
Obstacle Course	31.00	17/18			
300m Walk	2.25.10	19/20			
300m Run	1.15.30	21/22			
700m Run					
60m Hurdles 45cm	12.50	16/17	12.55	City Nth	15/16
Long Jump	3.18	14/15	2.85	Aspley	13/14
Shot Put 1.5kg	5.96	9/10	4.80	Aspley	19/20
Discus 500g	17.46	14/15	12.76	QSAC	10/11
Turbo Jav	13.39	22/23			
Tetrathlon	381.00	19/20			
Girls U9	Home		Record	Location	Year
70m Sprint	11.30	12/13	11.13	QSAC	12/13
100m Sprint	16.20	12/13	15.53	Redcliffe	12/13
200m Sprint	34.90	09/10	33.65	QSAC	07/08
400m Run	1.17.70	12/13	1:15.27	Strathpine	10/11
800m Run	2.58.50	12/13	2:53.39	QSAC	12/13
1500m	6.42.10	20/21			
700m Walk	5.09.30	20/21	5.14.48	SAF	17/18
60m Hurdles 45cm	11.90	13/14	11.35	QEII	16/17
High Jump	1.10	16/17	1.12	QEII	16/17
Long Jump	3.44	13/14	3.44	Arana	11/12
Shot Put 2kg	6.32	10/11	5.55	Aspley	13/14
Discus 500g	16.94	20/21	16.48	QEII	16/17
Turbo Jav	12.70	16/17			
Pentathlon	656	16/17	685	QEII	16/17
Tetrathlon			270	SAF	20/21
Girls U10	Home		Record	Location	Year
70m Sprint	10.70	13/14	10.60	Aspley	13/14
100m Sprint	15.40	17/18	14.70	Aspley	13/14
200m Sprint	32.00	17/18	31.80	QEII	17/18
400m Run	1.11.00	12/13	1:11.01	QSAC	12/13
800m Run	2.50.00	15/16	2.40.15	QSAC	15/16
1500m Run	5.27.30	12/13			
1100m Walk	7:36.90	13/14	7.01.31	QSAC	15/16
60m Hurdles 60cm	12.00	17/18	11.80	QEII	17/18
High Jump	1.15	13/14	1.17	QSAC	08/09
Long Jump	3.78	13/14	3.85	Aspley	13/14
Shot Put 2kg	7.30	17/18	7.54	QEII	17/18
Discus 500g	22.05	17/18	25.61	QEII	17/18
Turbo Jav	13.35	22/23			
Pentathlon	913	17/18	853	SAF	12/13
Tetrathlon			607	SAF	22/23

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Girls U11	Home		Record	Location	Year
100m Sprint	14.40	12/13	13.8	TVL	22/23
200m Sprint	30.60	12/13	28.40	TVL	22/23
400m Run	1.09.60	22/23	1.08.85	TVL	18/19
800m Run	2:45.00	13/14	2.33.20	TVL	22/23
1500m Run	5.33.20	12/13	5.28.84	City Nth	15/16
1100 Walk	6.10.20	20/21	6.51.70	City Nth	20/21
60m Hurdles 60cm	11.50	14/15	10.88	QSAC	14/15
80m Hurdles 60cm	15.40	22/23	13.64	S Pine	22/23
High Jump	1.22	20/21	1.31	Strathpine	10/11
Long Jump	4.50	14/15	4.44	QSAC	12/13
Triple Jump	9.01	12/13	9.02	QSAC	12/13
Shot Put 2kg	8.56	11/12	8.18	QSAC	18/19
Discus 750g	20.72	12/13	27.47	QSAC	12/13
Discus 500g	23.68	18/19	24.07	TVL	22/23
Javelin 400g	22.03	07/08	23.83	QSAC	07/08
Pentathlon	955	22/23	776.00	UQ	09/10
Tetrathlon			849	SAF	18/19
Girls U12	Home		Record	Location	Year
100m Sprint	13.90	08/09	14.07	QSAC	15/16
200m Sprint	29.00	13/14	29.13	QSAC	16/17
400m Run	1.07.00	15/16	1.05.08	QSAC	15/16
800m Run	2.34.00	15/16	2.31.07	QSAC	21/22
1500m Run	5.20.00	15/16	5.16.70	QSAC	21/22
1500m Walk	8.21.60	21/22	8.15.59	SAF	21/22
60m Hurdles 68cm	11.20	08/09	10.73	QSAC	15/16
80m Hurdles 68cm	15.40	19/20	14.61	Aspley	19/20
High Jump	1.43	12/13	1.49	SAF	12/13
Long Jump	4.72	13/14	4.67	SAF	13/14
Triple Jump	10.19	13/14	9.17	QSAC	08/09
Shot Put 2kg	10.88	19/20	10.06	QSAC	16/17
Discus 750g	26.11	13/14	24.44	Arana	18/19
Javelin 400g	26.07	10/11	27.77	QSAC	08/09
Pentathlon	1188.00	19/20	1176	QSAC	19/20
Girls U13	Home		Record	Location	Year
100m Sprint	13.60	16/17	12.99	QSAC	16/17
200m Sprint	28.50	16/17	28.23	QSAC	16/17
400m Run	1.06.80	20/21	1.04.11	QSAC	20/21
800m Run	2.33.00	15/16	2.25.40	QSAC	15/16
1500m Run	5.10.00	15/16	4.55.07	QSAC	15/16
1500m Walk	9.14.10	21/22	8.51.18	QSAC	20/21
80m Hurdles 76cm	14.40	20/21	13.82	QSAC	20/21
200m Hurdles 68cm	33.00	20/21	31.53	QSAC	20/21
High Jump	1.53	13/14	1.55	Aspley	13/14
Long Jump	4.69	20/21	5.24	QEII	16/17
Triple Jump	9.68	20/21	9.87	QSAC	20/21
Shot Put 3kg	9.51	20/21	9.44	QSAC	19/20
Discus 750g	28.80	19/20	32.24	QSAC	19/20
Javelin 400g					
Javelin 500g	25.50	09/10	25.73	Arana	09/10
Pentathlon	1250	20/21	1358	SAF	20/21
Jumps Triathlon					
Track Triathlon			878	SAF	20/21
Throws Triathlon			752.00	QSAC	19/20
Girls U14	Home		Record	Location	Year
100m Sprint	13.60	10/11	13.48	QSAC	21/22
200m Sprint	29.00	21/22	28.06	SAF	20/21
400m Run	1.07.20	21/22	1.04.21	SAF	21/22
800m Run	2.34.50	11/12	2.25.00	QSAC	11/12
1500m Run	5.25.70	21/22	5.07.11	QSAC	11/12
1500m Walk	8.20.40	21/22	8.05.99	QSAC	21/22
80m Hurdles 76cm	14.10	20/21	13.32	QSAC	10/11
200m Hurdle	30.50	21/22	28.10	QSAC	20/21
High Jump	1.55	14/15	1.64	QSAC	14/15
Long Jump	4.96	21/22	4.77	QSAC	10/11
Triple Jump	10.02	21/22	10.08	Bkn Rge	21/22
Shot Put 3kg	10.34	14/15	10.67	QSAC	20/21
Discus 1kg	29.12	14/15	30.38	City Nth	20/21
Javelin 400g	26.00	20/21	28.70	S Pine	22/23
Javelin 600g	25.50	10/11	28.26	QSAC	10/11
Pentathlon			1225	QSAC	10/11
Jumps Triathlon					
Throws Triathlon			944	QSAC	20/21

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Girls U15	Home		Record	Location	Year
100m Sprint	12.70	11/12	13.00	Redcliffe	11/12
200m Sprint	28.50	09/10	27.86	QSAC	15/16
400m run	1.04.00	15/16	1.03.80	TVL	22/23
800m Run	2.38.00	14/15	2:26.97	QSAC	14/15
1500m Walk	8.34.10	22/23	8.40.20	S Pine	22/23
1500m	5.31.80	14/15	4:58.15	QSAC	14/15
90m Hurdles 76cm	14.80	22/23	14.35	QSAC	22/23
300m Hurdles 76cm	52.30	22/23	48.60	QSAC	21/22
High Jump	1.53	15/16	1.66	QSAC	15/16
Long Jump	5.15	11/12	5.11	QSAC	11/12
Triple Jump	10.28	11/12	10.34	Bundy	22/23
Shot Put 3kg	12.21	18/19	12.85	Arana	18/19
Discus 1kg	31.05	21/22	29.90	QSAC	18/19
Javelin 500g					
Javelin 600g	29.62	11/12	30.49	Arana	11/12
Pentathlon	709	16/17	Old New 2454 ?	Hobart QEII	11/12 15/16
Jumps Triathlon					
Throws Triathlon			1355	QSAC	18/19
Heptathlon			3788	QSAC	22/23
Girls U16	Home		Record	Location	Year
100m Sprint	13.60	16/17	13.33	QSAC	16/17
200m Sprint	28.20	16/17	30.90	Redcliffe	17/18
400m run	1.06.20	13/14	1:07.67	QSAC	15/16
800m run	2.35.00	15/16	2.27.13	QSAC	15/16
1500 m Run	5.11.60	15/16	4.50.82	QSAC	15/16
1500m Walk	10:46.0	13/14			
90m Hurdles 76cm	16.40	16/17	15.62	QSAC	16/17
200m Hurdles 76cm	37.70	14/15			
300 m Hurdle			59.60	Redcliffe	17/18
High Jump	1.60	16/17	1.66	St'Pine	16/17
Long Jump	5.09	16/17	4.90	St'Pine	16/17
Triple Jump	9.40	16/17	8.74	St'Pine	16/17
Shot Put 3kg	11.00	16/17	11.47	Strathp	16/17
Discus 1kg	27.00	19/20	29.46	QSAC	16/17
Javelin 500g	22.18	14/15	31.92	Cairns	13/14
Jumps Triathlon					
Throws Triathlon					
Pentathlon					
Heptathlon					
Girls 17	Home		Record	Location	Year
100m Sprint	13.90	17/18	14.28	Redcliffe	18/19
200m Sprint	29.50	15/16			
400m run	1.10.20	16/17	1.10.37	Arana	18/19
800m Run	2.33.80	16/17	2.37.21	QSAC	17/18
1500m run	5.45.00	15/16	5.35.30	QSAC	17/18
1500m Walk	10.47.60	18/19			
90m Hurdles 76cm	17.40	15/16			
100m Hurdle 76cm	20.30	18/19			
200m Hurdles 76cm					
High Jump	1.50	17/18	1.48	QSAC	17/18
Long Jump	4.55	17/18	3.72	SAF	18/19
Triple Jump	9.77	15/16	8.13	Arana	18/19
Shot Put 3kg	11.11	17/18	10.23	QSAC	17/18
Discus 1kg	26.05	17/18	25.92	QSAC	17/18
Javelin 500g	25.70	15/16	15.53	Arana	18/19
Jumps Triathlon					
Throws Triathlon					
Pentathlon					
Heptathlon					